

LD Partnership Board newsletter September 2020



Welcome to our **third** newsletter!

We hope you enjoy
reading the articles.

We plan to continue to send out these
newsletters **every month**, at least until
we can all meet face to face again.



Peter Moule
(Co Chair)



Amanda Dunn
(Co Chair)



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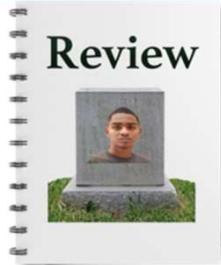
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Day services update (1)



As you are aware, some of the day services are opening their buildings based service. This means that some of you may have been invited to return to a buildings based day service.



We have been working very closely with our day services. We continue to pay them for the services they provide to adults with additional needs across Norfolk.



We are now making calls to everyone who attends a day service who does not live in a shared setting (in residential care or supported living). We are calling everyone to talk about returning to their day service.

Day services update (2)

What will happen:



One of our social care staff will call you / your carer to talk about what returning to a buildings based day service means to you.



We will also talk to you about how you will get to and from the day service. At the moment we are not routinely offering transport for people. This is because of the strict social distancing and disinfecting guidelines around transport. Because of this we are not able to provide all of the transport we used to.

Day services update (3)



We are also aware that spending time with someone on a bus or taxi can also increase risks of contracting Covid-19, so we are trying to reduce your contact with other people.



These changes are temporary while we have to adhere to social distancing.

Going back to a day service:



Things may look different at your day service. There might be queues to get in and / or leave. You might not be able to access all of the spaces you used to. All of these measures are to keep people safe from Covid-19.

Day services update (4)

Making a choice:



It is important to remember that returning to a day service is yours and your families' choice.



If you don't feel safe or comfortable to do so, you do not need to return to a day service. We will continue to support you in the community where we have been or we can.



We will also be continuing to call everyone who lives alone or with their family and attends a day service every four weeks. This is to check everyone is well and to make sure we are doing all we can to continue to support you and your family.

Day services update (5)

Questions:



If you have any questions or queries, please contact Vikki Bunting (Team Manager):

Phone: 01493 448400

Email:

victoria.bunting@norfolk.gov.uk



We will make a list of the questions that are asked and our answers to them. We will share this in a future newsletter.

Our Member Champion (1)



My name is Sandra and I am the Member Champion for Learning Disabilities at Norfolk County Council.



I have attended one of the LD Partnership Board sessions and met some of you then. I look forward to attending more when they are back up and running again.



As the Member Champion, my role is to present your views to the Council and to make sure that people with learning disabilities, their families and carers are listened to. I can also assist you with any issues that you have with Norfolk County Council's services and listen to any ideas that you have.

Our Member Champion (2)



A bit about me – I've lived in Norfolk for seven years and have been a County Councillor for three of them. My Division is Marshland North, which is as far west as you can go and still be in Norfolk. I am one of the few County Councillors with a resident seal population in my division!

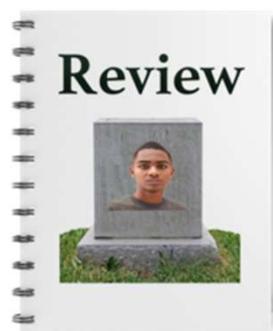


I have a husband and two sons, both of whom have Autism. We keep several types of animals including cats, dogs and fish. I also enjoy sailing and have sailed across the Atlantic. Next year, I'm planning to row across the Atlantic!



If anyone has any issues, or would just like to say hello, my email is: Sandra.squire.cllr@norfolk.gov.uk

Covid LeDeR reviews



The Learning Disabilities Mortality Review (LeDeR) Programme is about stopping people with a learning disability from dying younger than they should.



The fourth annual LeDeR report was published by the University of Bristol in July 2020. Please see the link below to the easy read version.

- <http://www.bristol.ac.uk/sps/leder/easy-read-information/annual-reports/>



An easy read summary of the findings from the first 50 completed LeDeR reviews relating to Covid-19 is now available:

- <http://www.bristol.ac.uk/sps/leder/news/2020/leder-covid-19-reviews.html>

Exemptions from face coverings



Some people can't wear a face mask or covering because of a disability or severe distress.



The Government has produced guidance regarding when to wear a face covering and exemptions from wearing one. This includes exemptions that can be shown on a mobile phone.



- <https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own>

Flu jab information

This is the latest Government information on getting a flu jab. The website link is:

<https://www.gov.uk/government/publications/flu-leaflet-for-people-with-learning-disability>



Get your free flu jab



Some people with a learning disability can get very ill if they get flu.



The best way to avoid flu is to get a free flu jab.



You can have the flu jab at your GP surgery.



Or you can have the flu jab at a pharmacy.



If you are scared of needles, tell the nurse. You may be able to have the vaccine as a nose spray instead.



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Positive Behavioural Support (1)



Positive Behavioural Support (PBS) is a person-centred approach to people with a learning disability who may be at risk of displaying challenging behaviours.



The PBS Cooperative is running a **free webinar** on the application of PBS within the family home.

If anyone would like to book a place, they can email hello@pbscooperative.org.uk.

Positive Behavioural Support (2)



The British Institute for Learning Disabilities (BILD) have secured funding to offer a **phone support service** to professionals, families and carers for advice on behaviours that may challenge from individuals they support.



Norfolk County Council is one of only 15 organisations that this service has been offered to across the country. Feedback so far has been overwhelmingly positive.

Positive Behavioural Support (3)



Those that use this service might want to discuss how they are doing, to gain reassurance that they are doing the right thing, or they might want to talk through some ideas and get some practical suggestions.



People can book an initial half hour call through Eventbrite.



Further details are contained in the flyer that comes with this newsletter.

Coronavirus web links



An organisation called 'Beyond Words' has produced free picture stories and illustrated guides to support people with learning disabilities and autism through the coronavirus pandemic.



Please use this web link to access the resources:

<https://booksbeyondwords.co.uk/coping-with-coronavirus>

We want to hear from you



If you have any news that you would like included in a future edition of this newsletter, please contact Alastair Corrigan at Norfolk County Council.

Email: alastair.corrigan@norfolk.gov.uk

Phone: 01603 223960



Please let us know if you think of anyone else who would like to receive our newsletter.



Please also suggest ways to make sure as many people as possible can get to read this newsletter.



Our deadlines for content for future editions are:

- 21 September 2020
- 19 October 2020
- 16 November 2020
- 14 December 2020