



## **ATTLEBOROUGH TOWN COUNCIL**

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Please be reassured that all measures are being taken, Public Health Norfolk and Norfolk County Council are leading this response, with Breckland Council supporting them.

We would advise that anyone who has symptoms can help prevent the spread and protect others by isolating and booking a test by calling 119 or visiting [www.nhs.uk](http://www.nhs.uk).

Tests are free and anyone with symptoms is eligible. The symptoms are a continuous cough, high temperature and loss of taste or smell.

We would also stress that residents should continue to follow the guidelines, which include

- Maintaining social distancing
- Washing hands regularly
- Keep surfaces and touch points clean
- Use face coverings when required, for example shopping
- Use tissues to catch sneezes

The current incidence of coronavirus in Breckland is 5.02 cases per 100,000 people. The average for England is 10.68.

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