



Beth

Detective Constable
Criminal Investigation Department

#policingwithpride

"I joined the Police in 2012 having come from a background working in Substance Misuse Treatment and rehabilitation. For as long as I could remember I wanted to be a Police officer. I wanted a career that would challenge me and most importantly I wanted to do something where I could make a difference to the communities I serve.

Kindness and helping others is fundamental and what I value most about the work that I do! I have worked in a variety of roles within the Police but I most love the one I am in now. I really feel that I am able to make a difference when I am at work."

What does Pride mean to me?

Pride to me is about being able to truly be myself. To come together with my community and celebrate diversity and love whilst also remembering the sacrifices made by people before me. Pride is about continuing to spread the message of equality in all walks of life. Nobody should be made to feel less because of who they are."



Dan

Police Constable
Neighbourhood Response Team

#policingwithpride

"I originally joined Cambridgeshire Police in 2012, after 3 years as a Special Constable. I have since transferred to Suffolk Police and I am now a Neighbourhood Response Officer for Ipswich - responding to 999 calls.

I wanted to join the Police for a new challenge and to give something back to the community. Almost 9 years later and I still love going into work everyday; there is no other job like it. The people I have met within the Policing family have become some of my closest friends. The Organisation has always supported me in allowing me to be myself at work."

What does Pride mean to me?

"Pride is about the LGBT+ community, allies and friends coming together and celebrating who we are. I am so proud to have been able to march at Pride Parades in uniform in the past and show those that you can be a Police Officer and part of the LGBT+ community"